

12 S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30 31

4 S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30

5 S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

1 2022・R4 January

1 Sat 元日
2 Sun
3 Mon
4 Tue
5 Wed
6 Thu
7 Fri
8 Sat
9 Sun
10 Mon 成人の日
11 Tue
12 Wed
13 Thu
14 Fri
15 Sat
16 Sun
17 Mon
18 Tue
19 Wed
20 Thu
21 Fri
22 Sat
23 Sun
24 Mon
25 Tue
26 Wed
27 Thu
28 Fri
29 Sat
30 Sun
31 Mon

2 February

1 Tue
2 Wed
3 Thu
4 Fri
5 Sat
6 Sun
7 Mon
8 Tue
9 Wed
10 Thu
11 Fri 建国記念の日
12 Sat
13 Sun
14 Mon
15 Tue
16 Wed
17 Thu
18 Fri
19 Sat
20 Sun
21 Mon
22 Tue
23 Wed 天皇誕生日
24 Thu
25 Fri
26 Sat
27 Sun
28 Mon
1 Tue
2 Wed
3 Thu

3 March

1 Tue
2 Wed
3 Thu
4 Fri
5 Sat
6 Sun
7 Mon
8 Tue
9 Wed
10 Thu
11 Fri
12 Sat
13 Sun
14 Mon
15 Tue
16 Wed
17 Thu
18 Fri
19 Sat
20 Sun
21 Mon 春分の日
22 Tue
23 Wed
24 Thu
25 Fri
26 Sat
27 Sun
28 Mon
29 Tue
30 Wed
31 Thu

3 S M T W T F S
1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

4 2022・R4
April

1	Fri
2	Sat
3	Sun
4	Mon
5	Tue
6	Wed
7	Thu
8	Fri
9	Sat
10	Sun
11	Mon
12	Tue
13	Wed
14	Thu
15	Fri
16	Sat
17	Sun
18	Mon
19	Tue
20	Wed
21	Thu
22	Fri
23	Sat
24	Sun
25	Mon
26	Tue
27	Wed
28	Thu
29	Fri 昭和の日
30	Sat
1	Sun

7 S M T W T F S
1 2
3 4 5 6 7 8 9
10 11 12 13 14 15 16
17 18 19 20 21 22 23
24 25 26 27 28 29 30
31

5 May

1	Sun
2	Mon
3	Tue 憲法記念日
4	Wed みどりの日
5	Thu こどもの日
6	Fri
7	Sat
8	Sun
9	Mon
10	Tue
11	Wed
12	Thu
13	Fri
14	Sat
15	Sun
16	Mon
17	Tue
18	Wed
19	Thu
20	Fri
21	Sat
22	Sun
23	Mon
24	Tue
25	Wed
26	Thu
27	Fri
28	Sat
29	Sun
30	Mon
31	Tue

8 S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

6 June

1	Wed
2	Thu
3	Fri
4	Sat
5	Sun
6	Mon
7	Tue
8	Wed
9	Thu
10	Fri
11	Sat
12	Sun
13	Mon
14	Tue
15	Wed
16	Thu
17	Fri
18	Sat
19	Sun
20	Mon
21	Tue
22	Wed
23	Thu
24	Fri
25	Sat
26	Sun
27	Mon
28	Tue
29	Wed
30	Thu
1	Fri

6 S M T W T F S
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30

7 2022 · R4
July

1 Fri
2 Sat
3 Sun
4 Mon
5 Tue
6 Wed
7 Thu
8 Fri
9 Sat
10 Sun
11 Mon
12 Tue
13 Wed
14 Thu
15 Fri
16 Sat
17 Sun
18 Mon 海の日
19 Tue
20 Wed
21 Thu
22 Fri
23 Sat
24 Sun
25 Mon
26 Tue
27 Wed
28 Thu
29 Fri
30 Sat
31 Sun

10 S M T W T F S
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

8 August

1 Mon
2 Tue
3 Wed
4 Thu
5 Fri
6 Sat
7 Sun
8 Mon
9 Tue
10 Wed
11 Thu 山の日
12 Fri
13 Sat
14 Sun
15 Mon
16 Tue
17 Wed
18 Thu
19 Fri
20 Sat
21 Sun
22 Mon
23 Tue
24 Wed
25 Thu
26 Fri
27 Sat
28 Sun
29 Mon
30 Tue
31 Wed

11 S M T W T F S
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30

9 September

1 Thu
2 Fri
3 Sat
4 Sun
5 Mon
6 Tue
7 Wed
8 Thu
9 Fri
10 Sat
11 Sun
12 Mon
13 Tue
14 Wed
15 Thu
16 Fri
17 Sat
18 Sun
19 Mon 敬老の日
20 Tue
21 Wed
22 Thu
23 Fri 秋分の日
24 Sat
25 Sun
26 Mon
27 Tue
28 Wed
29 Thu
30 Fri
1 Sat

9 S M T W T F S
1 2 3
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30

1 S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

2 S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28

10 2022・R4
October

1 Sat
2 Sun
3 Mon
4 Tue
5 Wed
6 Thu
7 Fri
8 Sat
9 Sun
10 Mon スポーツの日
11 Tue
12 Wed
13 Thu
14 Fri
15 Sat
16 Sun
17 Mon
18 Tue
19 Wed
20 Thu
21 Fri
22 Sat
23 Sun
24 Mon
25 Tue
26 Wed
27 Thu
28 Fri
29 Sat
30 Sun
31 Mon

11 November

1 Tue
2 Wed
3 Thu 文化の日
4 Fri
5 Sat
6 Sun
7 Mon
8 Tue
9 Wed
10 Thu
11 Fri
12 Sat
13 Sun
14 Mon
15 Tue
16 Wed
17 Thu
18 Fri
19 Sat
20 Sun
21 Mon
22 Tue
23 Wed 勤労感謝の日
24 Thu
25 Fri
26 Sat
27 Sun
28 Mon
29 Tue
30 Wed
1 Thu

12 December

1 Thu
2 Fri
3 Sat
4 Sun
5 Mon
6 Tue
7 Wed
8 Thu
9 Fri
10 Sat
11 Sun
12 Mon
13 Tue
14 Wed
15 Thu
16 Fri
17 Sat
18 Sun
19 Mon
20 Tue
21 Wed
22 Thu
23 Fri
24 Sat
25 Sun
26 Mon
27 Tue
28 Wed
29 Thu
30 Fri
31 Sat